## Pascack Hills hangs tough

By Brian Michnowski

Correspondent

HACKENSACK — Just when Pascack Hills coach Bucky Rehain was beginning to explain Friday night how easily Fair Lawn would win the Bergen County Coaches Association Holiday Wrestling Tournament, he had a change of thought.

# Bergen wrestling quarterfinal round

"Hmm, wait a minute," he said, pulling from his pocket jumbled notes of numbers and names. "Maybe we do have a realistic shot. If we get three or four in the finals and if we get two champs and they [Fair Lawn] get

two, we might just win this thing."

Rehain, who guided the Cowboys to 10 BCCA tournament championships in 11 years before taking a one-year leave last season, need not have been so tentative. Fair Lawn, led by 135-pound top seed Jim Sloan and defending 135 champ Neil Wright, was heavily favored before the tournament but found itself trailing Pascack Hills, 124 to 114½, at the conclusion of the quarterfinals.

"I am pretty surprised," said Rehain. "We have four sophomores and two freshmen, but we got eight into the quarters. I expected five; three just wrestled over their

heads."

The Cowboys' advantage stemmed from their pinning power: 19 falls in three rounds to lead all opponents. Freshman Andy Van Horn (108), one of Rehain's biggest surprises, recorded a pair of first-period pins in addition to an 8-1 decision.

Pascack Hills was even more delighted to learn that another freshman — Elmwood Park's Scott Castiglia — had upset Fair Lawn's Glen Gauwels, the top seed at 108, in the quarterfinals.

"These freshmen are crazy," Elmwood Park coach Bill Savage said after Castiglia's 8-7 triumph. "You never know what they're going to do. Castiglia had a chance to win a tournament last week and didn't. Here he was up something like 6-2, gave up a five-point move in the final minute, and managed to get two in the final 10 seconds to win it."

Dumont's Gary Allmers, the defending 129-pound champion and Region 1 runner-up, found his apparently smooth route to the final almost terminated by Tea-

neck's Steve Trumpet.

Allmers, who registered pins in 1:34 and 1:35 before to the quarterfinals, took a 3-0 lead over Trumpet with a first-period takedown and a later escape. Trumpet scored a reversal and gained a 3-3 tie when Allmers was penalized for use of a full-nelson. After a scoreless overtime, Allmers won on the basis of the tournament's fifth tie-breaking criterion, which favors the wrestler who scores the match's first escape.

"Trumpet was a lot stronger than I thought," said Allmers, who was to face St. Joseph's Frank Bruttomesso, winner of three pins in three rounds, in the semifinals. "I had never had him before, and I really couldn't do much with him."

Two other top seeds besides Glauwels also did not reach the semifinals. River Dell's Charles Springstead (122) pinned three opponents, including top-ranked Tom Lynch of Cresskill in 3:47, while Mark Peyko of Lodi eliminated Indian Hills favorite Chris Schlenker at 158.

# Paramus sor tournament surprise

By Brian Michnowski

Correspondent

HACKENSACK - Pascack Hills and Fair Lawn battled for the Bergen County Coaches' Holiday Wrestling Tournament team title last night at Hackensack High School, but sophomere Rob Mahan of thirdplace Paramus had some fun, too.

Fair Lawn cut the Cowboys' lead to four points before last night's championship round, in which the Cutters had four finalists to Pascack Hills' three. But the tournament's biggest suprise was Mahan, a 122pounder who made his varsity debut

in spectacular fashion.

Mahan's technical fall (15-0) 4 minutes 54 seconds into his semifinal bout with River Dell's Charles Springstead sent him into the final against Carl Kobza of Ramsey. The victory was the fourth straight for Mahan, who also scored another technical fall - a second period-pin - and a 21-7 decision to give him four convincing wins in his first four varsity bouts.

## Wrestling

Beginner's luck? Hardly. But Mahan, who actually weighs only 116 pounds, did take advantage of one big break to help launch his scholastic career.

"I've been best friends with Ken Charmichael since fifth grade," he said of the Spartans' 115-pounder. "He was supposed to go to Jay Johnson's camp at the University of Northern lowa last summer, but he broke his leg running. [The monthlong stay at camp] was already paid

for, so I went in his place. It's one of the best camps in the country."

Mahan and Paramus coach Joe Cervino attribute much of the sophomore's success to Charmichael, a defending Christmas tournament champ who prevents him from wrestling at his natural weight.

"I've learned just about everything from Kenny," said Mahan. "I used to be a basketball player up to about fifth grade, but he talked me

out of that.'

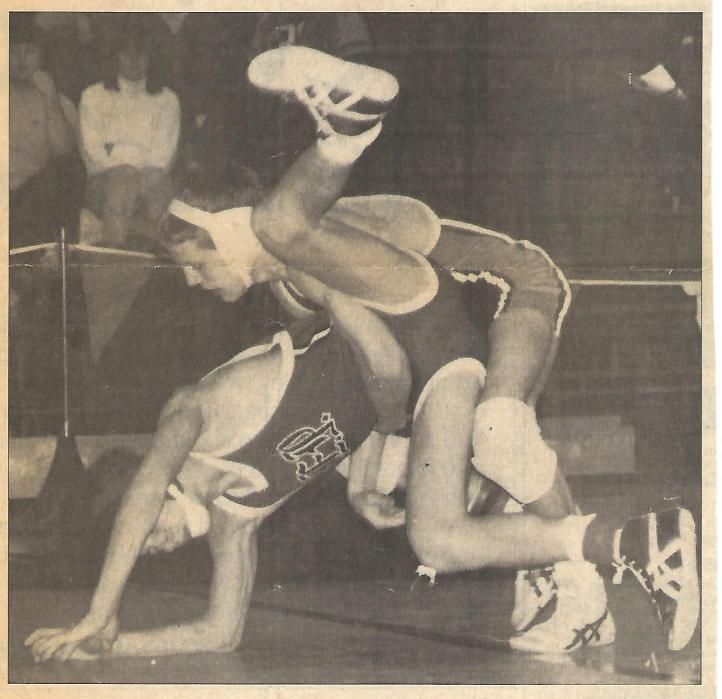
"Robby's my biggest suprise," said Cervino, whose Spartans trailed Fair Lawn by 431/2 points. "He's fortunate enough to have Kenny beat him up in practice every day.'

While Mahan was cruising through his bracket, Charmichael eliminated second-seeded Mike Panico of Fair Lawn, 8-1, in their semifinal bout to set up a final-round showdown with top-ranked 115pounder Ramsey Elkholy of Ramapo. Elkholy struggled to hold off Jeff Lally of Old Tappan, 4-3, in their bout.

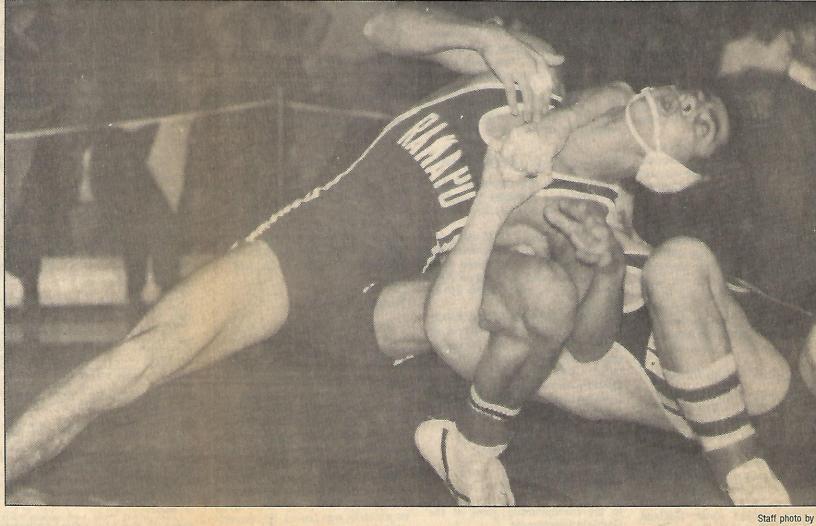
Defending 135-pound champ Neil Wright of Fair Lawn also survived a semifinal scare by scoring a fourpoint move with double underhooks to beat Emerson's Joe Mazzeo, 8-3, at 148. Wright, who outpointed Mazzeo in last year's 135 final, had a final-round meeting with North Bergen's Mike Diana, a 4-1 victor over T.J. Gallagher of Ridgefield.

Saddle Brook heavyweight Greg Korczak not only stunned top-seeded Bill Groesback of Ramsey with a pin at 1:54 of their bout, but continued his bid for the tournament's quickest pins trophy. Korczak also scored falls of 1:11, 54 seconds, and 1:42 to give him four pins in a total of 5:41. **DECEMBER 29, 1985** 

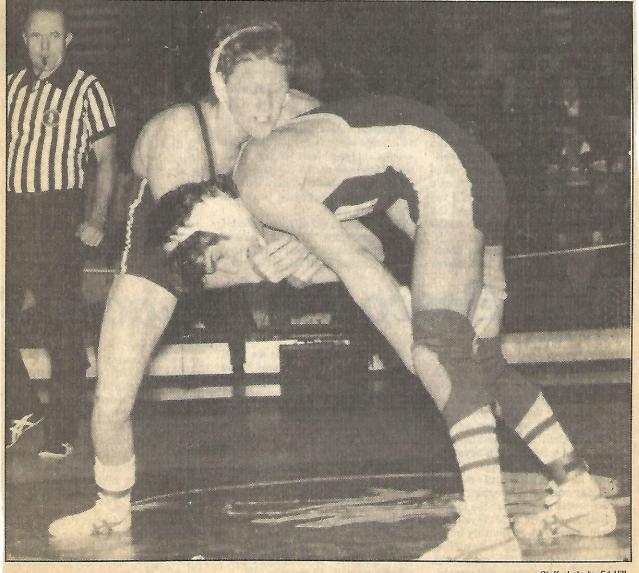
Besides Wright, Fair Lawn sent three other wrestlers into the finals, including top-seeded Jim Sloan (135), second-seeded Joe Mocco (141), and John Reese (158). Freshman Andy Van Horn, who pinned fellow freshman Scott Castiglia of Elmwood Park at 1:28 of their semifinal bout, joined top-seeded Brian Wells (141) and second-seeded Joe Barnum (170) as the Pascack Hills finalists.



Freshman Andy Van Horn of Pascack Hills tries to turn Elmwood Park's Scott Castiglia in their 108-pound Bergen Coaches tournament semifinal bout. Van Horn went on to pin Castiglia and then pinned Emerson's John Bosso in the final.



Old Tappan's Jeff Lally bottom, tries to cradle Ramapo's Ramsey Elkholy in their 115-pound semifinal. Elkholy won, 4-3.



Staff photo by Ed Hill Gary Allmers of Dumont, left, and Frank Bruttomesso of St. Joseph lock up in their 129-pound semifinal bout in the Bergen County Coaches tournament. Allmers won a decision, 8-2.

# North Jersey Sports

# Cowboys for title

**DECEMBER 29, 1985** 

By Ron Fox Staff Writer

HACKENSACK — Fast-finishing
Fair Lawn last night captured its
first team championship in the 26year history of the Bergen County
Coaches Association's Holiday Wrestling Tournament. The Cutters, with
three champions, edged Pascack
Hills with 168½ points to 163. Hills
had won 10 of the last 12 team titles.

## Wrestling

The contending teams met only once in the title round, where PH's Brian Wells won, 13-4, at 141 pounds over Joe Mocco. Both were runners-up last year and exchanged counters in the opening minutes before Wells scored a four-point stepover takedown. The lead extended to 8-1, but Mocco turned a Wells throw attempt into his own takedown to cut the lead to 8-4 before Wells gained an escape in the third period and popped out of a headlock for a takedown.

But Fair Lawn answered with double firepower, as Neil Wright downed North Bergen's Mike Diana, with a pin in 5:09 at 148 pounds, and John Reese pinned Lodi's Mark Peyko in 4:45 of the 158 bout after building a 15-3 lead. Wright's win cut the Hills lead to half a point, and Reese put the Cutters over the top. Teammate Jim Sloan, who was the tournament's Outstanding Wrestler with four pins and a superior decision, had set the stage with a 13-0 win at 135 pounds just before Wells took the mat.

Hills's last chance was erased at 170 pounds, where two defending champs met. A pin was the only way Hills could pull out the title, but Joe Barnum never had a chance against state place winner Craig Messery of Hasbrouck Heights. Barnum suffered a possible broken left ankle when Messery hit a driving single-leg takedown, taking Barnum down to his back for a 4-0 lead.

Fair Lawn cut the Hills lead from four points to one in the consolation round when Cutter Mike Panico won at 115 pounds, 5-2, over Old Tappan's Jeff Lally, while Tom Sheridan of Pascack Hills was losing, 2-0 in overtime, to St. Joseph's Frank Bruttomeso.

Dave Simon of New Milford won the 101 title in the championship round with a 12-7 defeat of North Bergen's Hector Moreno, who was second last year. Simon scored a four-point reversal at the second-period buzzer to build a 10-5 lead.

Andy Van Horn of Pascack Hills, brother of 1984 state chamjpion Tony Van Horn, carried on a family tradition by winning at 108. He did it impressively with a pin of Emerson's John Bosso, in 1:06. At 115, defending champion Ken Carmichael of Paramus, who avenged last year's Region 1 loss to Panico in the afternoon, edged another returning regional champion, Ramsey Elkholy of Ramapo, 5-4. Carmichael backed Elkholy onto his back for a fourpoint reversal and 5-2 lead in the second period. Elkholy was second at 108 in the county last year.

Ramsey's Carl Kobza won impressively at 122 pounds, pinning Paramus's Rob Mahon, in 2:28. An early takedown had Kobza in the lead, 2-0, when he pinned with a cross-face cradle.

Returning champion Gary Allmers of Dumont chose the bottom position

in the second period and needed only seven seconds to break a scoreless tie with Elmwood Park's Joe Martorina. Allmers used a quick turning

switch for the reversal and used the same move in the third period for a 6-0 victory at 129 pounds. Fair Lawn's Sloan charged to the 135 ti-

tle, building a 10-0 lead on the strength of two takedowns, the second taking Bergenfield's Frank Manning to his back.

# Fair Lawn win ends years of frustration

1985

By Ron Fox

Staff Writer

The right frame of mind was as essential as finely tuned athletic skills Saturday as Fair Lawn sought its first championship in the Bergen County Coaches Association's Holiday Wrestling Tournament.

"I told the kids that Fair Lawn has always been known for being good in wrestling and for always coming in second," said Frank Guadagnino, the team's

new coach and a former Cutter wrestler. "It was up to them to control their own destiny."

The Cutters won the 26-year-old tournament with 168½ points to 163 for perennial champion Pascack Hills, and they did it the hard way, going with only 11 wrestlers when no one made weight at 101 pounds. Fair Lawn did it with Neil Wright, Jim Sloan, and John Reese winning individual titles. Finally, the school that had finished second four times was first

Sloan won at 135 pounds, earning the Most Outstanding Wrestler award, but Pascack Hills took a major step forward in the next bout, when Cowboy Brian Wells defeated Fair Lawn's Joe Mocco, 13-4, for the 141-pound title. That bout might have taken the wind out of the Cutters' sails and relegated them to another runner-up finish.

"But we had told the kids ahead of time not to cheer too hard for their teammates," says Guadagnino, who starred at Bergen Community College before going

on to New Hampshire, where he won a West Point Invitational title and finished second in the Division I New England Championships. "We didn't want them to sap their strength getting all involved in somebody else's matches."

Reese, only a sophomore, blossomed in the tournament, but it was no accident.

"I wrestled 63 matches during the summer," he said after his pin clinched the team title for Fair Lawn. "Sloan probably had even more than that. All the summer work paid off tonight."

TEANECK WAS the surprise team of the tournament, scoring 83½ points and finishing ninth after many years of unimpressive showings by a once-proud program.

"The points all came from six guys," said Ted Orlouski, who is in his third season as coach of the Highwaymen. "We're a good tournament team — we entered

## Wrestling

only nine guys — but we'll be short-handed for dual meets."

Orlouski says his biggest surprise was freshman Peter Tomasso, at 101 pounds.

"We threw him in, just hoping for the two points for entering him," says Orlouski, "but he pinned the first kid and won the next round. He got us 10 points."

Dan Baron (148) pinned his first two opponents; Jon Samuelson (135) and Sal Neumayer (188) finished fourth; and Steve Trumpet (129) had a pin and a major decision. Trumpet had won the Ramsey Tournament title at 122 a week earlier, but did not make weight and had to wrestle up a notch.

"He probably could have won at 122," says Orlouski, "because [Ramsey's Carl] Kobza won there, and he had finished

third at Ramsey."

"A COUPLE OF years ago, Hasbrouck Heights wrestled matches with only about six kids," Secaucus coach Tom DeWan said after his team won the Midland Park Tournament. "We're something like that. We have five super kids, really tough kids I think are as good as anybody in Bergen County. It's too bad we weren't in the Bergen tournament this year."

Secaucus had five champions in piling up 92½ points to 74½ for runner-up Don Bosco. One week earlier, the Patriots had four champions in winning the Mahwah Tournament. Joe DePinto (108), Kevin Beinhacker (115), Derek Flynn (122) and Mario DePinto (135) won titles in both tournaments, and heavyweight Anthony Ceglie was second at Mahwah and first at Midland Park.

# Teaneck sees end of an era

By Ron Fox Staff Writer

Bill Powley was born in a tennis atmosphere, but he went on to make history as a soccer coach at Teaneck High School. And his impact on wrestling in North Jersey the past 25 years has been just as great.

Powley has announced his retirement as director of the prestigious Bergen County Coaches Wrestling Tournament, a 35-team competition held at Hackensack High School and believed to be the nation's largest single-site wrestling event.

"I made the 25th year the cutoff point for me," Powley said in his office at Teaneck High School last week. "We feel the tournament got better each year, and it will continue to get better, because it is the staff that makes a head coach or a tournament director good."

The energetic and versatile Powley won't sit idle. He still will handle a myriad of responsibilities at Teaneck: coordinator of the school's work-study program, treasurer of all athletic funds, equipment manager, and teacher of accounting and marketing.

Powley, who turns 58 in June, grew up in Forest Hills, only a few blocks from the site

of the U.S. Open Tennis Championships, where he watched Bobby Riggs, Don Budge, and Frankie Parker play.

"I was a working kid," Powley says. "I have no athletic exploits of my own to talk about. I played freshman football, and that's about all."

Powley later began coaching soccer on the eighth- and ninth-grade levels in Moorestown (Burlington County), and in 1956 he accepted an offer to become Teaneck's head soccer coach.

"I was dickering with Westfield at the time," he recalls, "but they wanted a swim coach, and that wasn't exactly my cup of tea."

Powley made the right choice; at Teaneck, his soccer teams went 255-117-62 over the next 24 years, including the state Group 4 championship in 1965 and nine league titles. Powley remains the winningest high school soccer coach in Bergen County history. He also served one year — an unbeaten season — as assistant wrestling coach, and officiated for 20 years in wrestling and baseball.

An unlikely destiny called again when Jack Armstrong, an assistant wrestling coach at Teaneck, recruited Powley to help start a county tournament.

"Jack wanted to bring wrestling [popular-

ity] up to a par with basketball," Powley says. "He was a great organizer, very persuasive. He hired people for particular jobs, and I was good with money."

Powley was treasurer for three years before assuming the directorship for the next 22. His devotion helped make the tournament an event that was admired and copied.

Powley's versatility allowed him to witness several sports milestones. He officiated the 100th wrestling victory notched by Tom Husted of Pascack Hills, he umpired the 17-strikeout pitching performance of Englewood's Jackie Grasing in the Bergen County baseball tournament, and his wrestling tournament was the first athletic event held at Hackensack High's Bollerman Gym.

Powley missed many of his own tournament's highlights, however. "Sometimes I'd have to read the paper the next day to see what happened," he says with a laugh. "I was busy worrying about the total operation.

"I tried to keep a low profile," Powley continues. "We had good people handling their own areas, like Sal Cascio, who is an expert at seeding tournaments. And there were George Jockish [chosen as Powley's successor], Ed Fitzgerald, Alex Turnamian, Dan DeLuca. I think a lot of them stayed on



Staff photo by Klaus-Peter Steitz Bill Powley and his wife, Eleanor, admire the plaque Bill received for his service to wrestling.

just as a favor to me."

Now they have the challenge.

"I won't miss getting to the school at 7 a.m., but I'll miss it [the tournament]," Powley says. "I'm proud of the tournament. It's become a benchmark for wrestlers, and I think it's become what Jack Armstrong wanted it to be 25 years ago."

## **Wrestling summaries**

### **Bergen Coaches Tournament**

#### **Preliminaries**

101 POUNDS

Dave Simon, New Milford, pin Kevin Marino, Saddle Brook, 1:30; Don Alessio, Cliffside Park, pin Mike Scullia, Hasbrouck Heights, 2:53; Nakho Choe, Northern Highlands, dec. Keith Schoppe, Cresskill, 8-5; Gregg Burke, Bergenfield, pin Brian Gregg Burke, Bergenfield, pin Brian Sweney, Durnonl, 1:59; Sehh Shuliman, Pascack Hills, pin Craig Woods, Lodi, 4:43; Mike Ocello, Elmovood Park, pin Brian Belcher, Old Tappan, :11; Tom Farguhar, Ridgefield Park, bye; Joe Harriman, Emerson, pin Mike Gaer, Paramus, 4:18; Auni Olra, Ramapo, pin Rex Pagerie, Indian Hills, 1:06; Russ Carlson, Ramsey, dec. Carlos Toldeo, Hackensack, 9-1; Brian Cavanaugh, Westwood, pin Tom Flynn, Palisades Park, :14; Chad Morganlander, Fort Lee, pin Payam Yazdi, Falisades Park, :14; Chad Morgan-Jander, Fort Lee, pin Payam Yazdi, Ridgefield, 1:52; Peter Tomasso, Teaneck, pin Dan Cardillo, Ruther-tord, 2:55; Brian Marrone, Becton, bye; Hector Moreno, North Bergen, bye.

#### 108 POUNDS

108 POUNDS
Glen Glauwels, Fair Lawn, pin John Benevetano, Westwood, 1:36; Dave Farah, Fort Lee, bye; Jeff Bogosian, Ridgefield, pin Scott Harrison, Ramapo, 1:45; Scott Castiglia, Elmwood Park, dec. Pat Toy, Mahwah, 6-4; Steve Katz, Paramus, pin Gus Rodriguez, Cliffside Park, 1:04; Andy Van Horn, Pascack Hills, pin Mike Proto, Bergen Catholic, 1:24, Joe Tattoli, St. Joseph, pin John Cardillo, Rutherford, 1:31; Eugene Martin, Cresskill, bye; John Bosso, Emerson, pin Mark Ameri, Northern Highlands, 5:12; Mark Atlas, Lyndurst, dec. Pete DeVries, Park Ridge, 18-5; Josh Fox, River Dell, pin Pat Sassano, Ridgewood, 3:00; Henry Hascup, Lodi, bye; Keith Mulcare, Dumont, pin Chris Chung, Bergenfield, 34; Ken Marino, Saddle Bergenfield, '44; Ken Marino, Saddle Brook, dec. George Abdulla, North Bergen, 4-0; Ken Demitriou, Old Tappan, bye; Steve Dondero, Tea-neck, dec. Nick Cappucci, Hacken-sack, 9-4.

#### 715 POUNDS

Ramsey Elkholy, Ramapo, pin Perry Maio, Ridgefield Park, 5:26; Mike Kubrin, Dumoni, pin Todd Cic-cone, Lodi, :40; Benji Rubi, Fort Lee, dec. Tom Gallagher, St. Joseph, 4-3; Aldo Gandiano, Hackensack, pin Tyrone Singletary, Teaneck, :43; Per-ten Tranhasy, Pascack Valley of Tyrone Singletary, Teaneck, 43; Peter Traphasy, Pascack Valley, pin Joe Liabezeit, New Milford, 1:40; Frank Bolognini, Bergenfield, dec. Joe Gangi, Emerson, 15-2; Chris Steinbecker, Ramapo, dec. Dave Malizia, Norethern Highlands, 15-1; Jeff Lally, Old Tappan, bye; Ken Charmichael, Paramus, pin Dave Lampert, Park Ridge, 29; Saen Black, and Horn, Pascack Hills, pin Jerry Ryan, Lyndhurst, 3:25; Sean Black, Midland Park, dec. Jerry Maietta, Midland Park, dec. Jerry Maietta, Ryan, Lyndhurst, 3:25, Sean Black, Midland Park, dec. Jerry Maietta, North Bergen, 14-1; Tom Schoppe, Cresskill, pin Brian Walsh, Bergen Catholic, 3:35, Craig Trause, Becton, ain Tom Tascano, Ridgefield Park, 1:12; Mike Foligno, Elmwood Park, bye; Glen Giancola, Cilffside Park, bye; Mike Panico, Fair Lawn, pin David Boornstein, Westwood, 5:39.

#### 122 POUNDS

Tom Lynch, Cresskill, pin Bob Trieste, Bergen Catholic, :58: Charles Springstead, River Dell, pin Jason Fricchione, Park Ridge, 1:15; Rich Rubino, Fair Lawn, pin Oral Carnegie, Englewood, 1:05; Craig Casev, Ridgewood, pin Mark Schultz, Northern Highlands, 2:00; Charlie Lee, Demarest, dec. Anthony Amelura, Indian Hills, 15-8; Rob Mahan, Paramus, dec. Dan Klausner, Pascack Valley, 21-7; Jeff Bricker, Fort Lee, pin, Todd Duffy, Palisades Park, 4:07; Noel Aquino, Cliffside Park, 2:25; Carl Kobza, Ramsey, pin Brian Gahwyler. Mahwah, 1:00; Brian Kelly, Hackensack, pin Craig an Kelly, Hackensack, pin Craig Alia, Saddle Brook, 3:25; Steve Har-rison, Ramapo, pin Dean Broking, New Milford, 3:00; Jim Tiernan, St.

Joseph, dec. McMahon, North Bergen, 13-5; Craig Manno, Lodi, pin John Raynolds, Paramus, 1:11; Rene Tirado, Dumont, dec. Glenn Malora, Old Tappan, 10-6; James Baffuto, Rutherford, pin Randy Discula, Pascack Hills, 4:55; Mark Kanter, Lyndhurst, pin Sean Callagy, Emerson, 5:35.

129 POUNDS

Gary Allmers, Dumont, pin Dave
Bassano, River Dell, 1:34; Jim Gallucci, Pascack Valley, pin Dan Banacci, Lodi, 5:00; John Nigro, Demarest, pin Dan McGonigle, Mahwah,
3:54; Steve Trumpel, Teaneck, pin
Ben Capello, Becton, 5:5; Ed Rodriguez, North Bergen, pin Sean Aurigemma, River Dell, 5:35; Rost, Fort
Lee, pin John Ha, Hasbrouck
Heights, 5:01; Ken Tanzer, Fair
Lawn, pin Kevin Mann, Bergen
Catholic, 3:22; Frank Bruttomesso,
St. Joseph, pin Marcus Murphy, Catholic, 3:22; Frank Bruttomesso, St. Joseph, pin Marcus Murphy, Westwood, 1:56; Shawn O'Meara, Leonia, pin Dave Taloponi, Northern Highlands, 5:33; Sean Ryan, Ridge-field, pin Harout Kebahgian, Cliffside Park, 3:56; Pete Brever, Indian Hills, dec. Roy Janico, Saddle Brook, 15-2; Tom Sheridan, Palsades Park, 1:38; Dave Gillo, Ridgewood, dec. Anthony Cusiano, Ramsey, 9-5; Jose Carlos, Emerson, dec. Alex Nicholas, Old Tappan, 8-0; Dan O'Dowd, Bergenfield, pin Mark Forte, Rutherford, 1:48; Joe Matorino, Elmwood Park, dec. Brian Wippich, Paramus, 13-8.

#### 135 POUNDS

Jim Sloan, Fair Lawn, pin Scott Langsdin, Paramus, 1:01; Eng, North Bergen, pin Nick DiNapoli, Ridge-field, 5:08; Tom Dalessandro, Fort Lee, pin Chris Boyle, New Milford, 3:08; Dave LaPorta, Rutherford, dec. Lee, pin Chris Boyle, New Milford, 308; Dave LaPorta, Rutherford, dec. Mike Pane, Bergen Catholic, 4-2; Jon Samuelson, Teaneck, pin Angel Martinez, Hackensack, 5:46; Don Basil; St. Joseph, pin Andy Milone, Leonia, 132; Tom Kropiewnicki, Ridgefield Park, dec. Chris Stearns, Indian Hills, 11-10; Russ Montevechi, Ridgefield, pin Drew Altofer, Pascack Valley, 1:45; Bob Farulla, Lyndhurst, pin John Larson, Saddle Brook, 3:00; Kevin Sheridan, Pascack Hills, pin Sean Pethy, Demarest, 8:54; Mike Mazzeo, Emerson, dec. Gregg Nicholas, Old Tappan, 8-0; Greg Altamuro, Ramapo, dec. Eric Merta, Dumoni, 12-1; Brad Wieboldt, River Dell, pin Mike Casinano, Ramsey, 1:30; Chris Delaney, Park Ridge, dec. David Larsen, Northern Highlands, 1-0; Keith Ruth, Elmwood Park, pin Frank Vicchio, Cliffside Park, 2:33; Frank Manning, Bergenfield, pin Joo Young Suh, Cresskill, 31.

#### 141 POUNDS

141 POUNDS

Brian Wells, Pascack Hills, pin
Dan Mayland, Northern Highlands,
4:39; Alex Corant, Old Tappan, dec.
Al Bauza, North Bergen, 12-10; Glen
Vurkovic, Westwood, dec. Andy Rakowski, Ramsey, 9-1, Mark Leonard, Ramapo, pin Nick Delaportas,
Fort Lee, 4:13; Len Cottrell, Palisades Park, pin Rob Stellgan, Indian
Hills, 4:23; Steve West, Rutherford,
bye; Mike Haemerle, Bergen Catholic diec, Erank Galligoli, Depragest lic, dec. Frank Gallipoli, Demarest, 15-2, Mike Draper, Dumont, pin Chris Paguiñ, New Milford, 1:02; Jim Esposito, River Dell; bye; Greg Tyrmon, Ridgefield Park, pin Malt Gallagher, Ridgefield, 2:28, Greg Buttafarano, Paramus, dec. Brendan Eertiter Bergenfield, 2-0: Kevin Butlafarano, Paramus, dec. Brendan Ferritler, Bergenfield, 2-0; Kevin Hinder, Pascack Valley, pin Jeff Robertson, Lodi, 6:00; Paul Viscuso, Lyndhurst, dec. Rod Gonzalez, St. Joseph, 4-1; Colin Scott, Hacken-sack, pin Mark Soleimani, Teaneck, 1:43; Tom Falotico, Englewood, pin John Mavut, Westwood, 1:57; Joe Mocco, Fair Lawn, pin Jim Novello, Saddle Brook, 1:10.

Andrew Ramsey, Northern High-iands, pin Jim Tecchic, Ridgeffeld Park 4:27; Mike Atlanasio. Westwood, dec. Steve Melendez, Fort Lee, 7-1; Jim Smith, Indian Hills, pin Armen Ballkijian, River Dell, 19; T.J. Gallagher, Ridgeffeld, pin Bold Biamonta Bacton, 140, Dan pin Bold Biamonta Bacton, 140, Dan pin Bob Biamonta, Becton, 1:30; Dan Polon, New Milford, pin Anthony Accardo, Cresskill, 1:30; Rob Lente, Saddle Brook, pin Jim Holland, Ridgewood, 2:18; Steve Carlucci, Cliffside Park, pin Willie Salisky, Cliffside Park, pin Willie Salisky, Cliffside Park, 3:43; Mike Diana, North Bergen, pin Allgor, Pascack Valley, 2:45; Joe Mazzeo, Emerson, dec. Pete Floris, Lodi, 11-0; Jeff Verga, Bergenfield, dec. Mark Collier, Dumont, 10-0; Al Cappucci, Hackensack, tech. fall Keith Krusiak, Palisades Park, 5:00; Kevin Ruth, Elmwood Park, dec. Dennis Ruthgliado, Old Tappan, 14-6; Alex Serio, Rutherford, pin Chris Butz, Pascack Hills, 1:43; Dan Baron, Teaneck, pin Frank Eskorn, Leonia, 34; Ernie Bonomo, Lyndhurst, dec. Gerard Maurer, St. Joseph, 14-7; Neil Wright, Fair Lawn, pin Mike Saraydarian, Demarest, 2:20.

#### 158 POUNDS

Chris Schlenker, Indian Hills, pin Charles Tsocanos, Pascack Valley, 42; Kudo Tsunoda, Demarest, pin Charles Tsocanos, Pascack Valley, 142; Kudo Tsunoda, Demarest, pin Steve Leseberg, Sadle Brook, :53; Bassel Maali, Palisades Park, pin Jerry Guardino, Ridgefield Park, :50; Mark Peyko, Lodi, pin Tom Pintak, Park Ridge, 1:59; Bill Lane, Becton, pin Jason Carla, Dumont, 3:45; Greg Wiessner, North Bergen, pin Steve McCauley, Ramapo, :54; Erick Guzman, Cliffside Park, pin John Schert, Old Tappan, 2:31; Tomaro, Leonia, dec. Brown, Ramsey, 13-6; John Reese, Fair Lawn, pin Dave Sassoon, Fort Lee, 4:32; Samis Noriega, Hackensack, dec. Carl Bond, St. Joseph, 11-4; Tony Cureton, Englewood, pin Marc Drapkin, Ridgefield, :56; Cliff Chapman, Pascack Hills, pin Bob Mulligan, Northern Highlands, 2:35; Ron Serio, Rutherford, pin Rich Govan, New Milford, 5:31; Jim Hornidge, Paramus, dec. George Kourgelis, Emerson, 7-4; Eric Reff, Westwood, pin Erik Morales, Teaneck, 3:56; Rob Leuck, Bergenfield, pin Anthony Yaniero, Lyndhurst, 1:58.

#### 170 POUNDS

170 POUNDS

Craig Messery, Hasbrouck Heights, pin George Jockish, Paramus, 43; Andre Simpson, Teaneck, pin Lee Montana, Pascack Valley, 5:19; Pete Anderson, Dumont, pin Eric Scholl, Ramsey, 3:55; Paul Cascio, Westwood, pin Brad Cocks, Northern Highlands, 1:37; Darin Ingenito, dec. Maser Saleko, Lyndhurst, 7-5; Tom Frederick, Rutherford, pin Rich Martinelli, Becton, 3:15; Andy Kahn, Fair Lawn, bye; Tom Kochis, Elmwood Park, pin Rick Wells, St. Joseph, 5:1; Ken Chiellini, Park Ridge, dec. Mark Barney, Indian Hills, 15-3; Mike Levine, Hackensack, pin Joe Petta, Ramapo, 48; Chris Hampton, Englewood, pin Nike Ackerman, Mah-Ramapo, :48; Chris Hampion, Ala-wood, pin Mike Ackerman, Mah-wah, :58; Brian Miller, Demarest, bye; Scott Alia, Saddle Brook, pin loba lopalito. North Bergen, 1:36; Dye; Scott Alla, Saddie Brook, pin John Ippolito, North Bergen, 136; James Shavne, Ridgewood, pin Jim LaGrossa, Old Tappan, 1:50; Jeff Fortmuller, River Dell, pin Chris De-Palmer, Fair Lawn, 3:15; Joe Bar-num, Pascack Hills, dec. Jim McBride, Bergen Catholic, 7-1.

#### 188 POUNDS

David Daub, Pascack Valley, bye; Kieth Grant, Hackensack, pin Brian Harlin, Bergen Catholic, 2:59; Brian Harlin, Bergen Catholic, 2:59; Adam Irving, Fair Lawn, pin Tony Wunder, Dumont, 1:13; Chris Pascack Hills, pin Torm Brus. In erson, 1:19; Drew Kud. S. Joseph, bye; John Devine, Saddle Brook, dec. Clinton Hall, Englewood, 6-3; Rob Binder, Paramus, bye; Tony Carriere, Łodi, pin Joe Madarino, River Dell, :38; Jeff Haines, Becton, pin Tony DiPasquale, Elmwood Park, 1:35; Sal Neumayer, Teaneck, bye; Sina Toussi, Mahwah, dec. Dan Donigan, Indian Hills, 14-1; Joe Gaccione, Lyndhurst, pin Dick Hanlaon, Palisades Park, 1:25; Jim Bott, North Bergen, bye; Harold Karchele, Northern Highlands, bye; Ben Salerno, Westwood, bye; Ivan Egas, Bergenfield, pin Rob Cummings, Ruthertord, :42.

#### HEAVYWEIGHT

Bill Groesback, Ramsey, pin Mike Bartos, Leonia, :44; Rob Ro-selli, Emerson, pin Rich Scarafi, North Bergen, 2:52; Mike Saulnier, Indian Hills, bye; Todd Kangas, Cliff-side Park, bye; Tony Perretta, Em-wood Park, dec. Jim McGuity,

485

Paramus, 9-5; Lou Saffioti, Dumont, pin Joe Castillito, Ridgefield, 3:30; Mike Zaccone, Old Tappan, bye; Greg Korczak, Saddle Brook, pin Steve Lowif, River Dell, 1:11; Jeff Schult, Becton, bye; Mike Castelli, Palisades Park, pin Joe Pompa, Ridgefield Park, 5:30; John Kelly, Bergen Catholic, bye; Janie Lein, Pascack Valley, bye; Gus Penfial, Hackensack, pin Keith Zimmerman, Fair Lawn, 1:29; Dom DiLella, Pascack Hills, pin Joe Karach, Cresskill, 1:51 (OT); Evan Canellos, Englewood, pin Todd Rudner, Northern Highlands, 1:23; John Kurella, Demarest, pin Dave Malaniak, Lyndhurst, 3:12.

#### **Prequarterfinals**

#### 101 POUNDS

Simon pin Alessio, 1:34; Burke dec. Choe, 11-8; Shulman pin Ocello, 4:43; Black pin Farguhar, 2:42; Harriman pin Oira, 3:36; Cavanaugh pin Carlson, 3:50; Tomasso dec. Mor-ganlander, 13-9; Moreno pin Mar-rone, 1:41.

#### 108 POUNDS

Glauwels pin Farah, 1:05; Castiglia dec. Bogosian, 4-2; Van Horn dec. Katz, 8-1; Martin dec. Tatloli, 21-5; Bosso pin Atlas, :42; Hascup dec. Fox, 7-2; Mulcare pin Marino, 5:37; Dondero pin Demitriou, 1:36.

#### 115 POUNDS

Elkholy dec. Kubrin, 15-0; Rubin dec. Gandiano, 2-1; Bolognini pin Traphasy, 1:00; Lally dec. Steinbecker, 6-3; Charmichael dec. Van Horn, 4-1; Schoppe pin Black, 5:14; Trause pin Foligno, :35; Panico dec. Giancola, 11-0.

#### 122 POUNDS

Springstead pin Lynch, 3:47; Rubino dec. Casey, 8-4; Muhan pin Lee, 3:02; Aquino dec. Bricker, 6-4; Kobza dec. Kelly, 9-6; Tiernan pin Harrison, 2:48; Manno dec. Tirado, 12-0; Kanter pin Baffuto, 5:35. 129 POUNDS

Allmers pin Gallucci, 1:35; Trumpet dec. Nigro, 17-8; Rodriguez pin Rossi, :56; Bruttornesso pin Tanzer, 1:25; O'Meara tech. fall Ryan, 5:30; Sheridan dec. Breyer, 12-5; Carlos dec. Gillo, 17-9; Martorino dec. dec. Gilio, 17 O'Dowd, 13-8.

135 POUNDS

Sloan pin Eng, 2:31; Dalessandro pin LaPorta, 1:11; Samuelson dec. Basil, 5-4; Montevechi pin Kropiewnicki, 2:35; Farulla tech. fall Sheridan, 5:30; Mazzeo dec. Altomuro, 12-1; Delaney dec. Wieboldt, 15-8; Manning dec. Ruth, 7-1.

Mathing dec. Knin, 7-1.

141 POUNDS

Wells pin Corant, 1:30; Vurkovic dec. Leonard, 10-9; Cottrell, pin West, 1:12; Haemerle dec. Draper, 9-3; Esposito pin Tymon, 2:15; Batta-farano pin Hinder, 2:40; Viscuso pin Scott, 3:01; Mocco dec. Falotico, 7-4. 148 POUNDS

Ramsey dec. Attanasio, 7-3; Gallucci dec. Smith, 4-2; Polon dec. Lente, 18-4; Diana pin Carlucci, :57; Mazzeo pin Verga, :31; Ruth dec. Cappucci, 6-4; Baron pin Serio, 4:50; Wright pin Bonomo, 1:59.

#### 158 POUNDS

Schlenker dec. Tsunoda, 11-2; Pevko pin Maali, 5:37; Lahe pin Wiessner, 1:58; Tomaro dec. Guz-man, 7-1; Reese dec. Noriega, 7-0; Chapman. pin Cureton, 2:40; Hor-nidge dec. Serio, 9-2; Leuck pin Reff, 1:32.

#### 170 POUNDS

Messery pin Simpson, 1:07; Anderson pin Casclo, 4:47; Fedarik, dec. Ingenito, 6-5; Kochis pin Kahn, 2:58; Chiellini pin Levine, 3:18; Hampion dec. Miller, 8-7; Alia dec. Shayne, 5-3; Barnum pin Fortmuller, 34.

#### 188 POUNDS

Daub pin Grant, 1:35; Angell pin Irving, 35; Devine pin Kudlak, 4:30; Binder pin Carriere, 5:50; Neumayer pin Haines, 3:41; Toussi dec. Gaccione, 9-3; Kachele pin Bott, 1:26; Egas pin Salerno, 1:32.

HEAVYWEIGHT

Gressback nin Poselli 3:37; Kan

Groesback pin Roselli, 3:37; Kan-gas pin Saulnier, :52; Saffioti dec. Perretta, 11-2; Korczak pin Zaccone, 5:45 Schulf dec. Castelli, 17-6; Lein pin Kelly, 1:24; DiLella pin Penflal, 2:17; Kurella pin Canellos, 3:12.



#### QUARTERFINALS

101 — Simon pin Burke, 1:03; Black dec. Shulman, 12-0; Harriman pin Cavanaugh, 3:35; Moreno pin To-masso, :22. 108 — Castiglia dec. Glauwels, 8-7;

Van Horn pin Martin, 125; Bosso dec. Hascup, 6-4; Dondero dec. Mul-care, 18-12. 115 — Elkholy pin Rubin, 1:36; Lally dec. Bolognini, 4-1; Charmi-chael pin Schoppe, 3:41; Panico dec.

Trause, 8-3. 122 — Springstead pin Rubino, 3:15; Muhan tech. fall Aquino, 5:11; Kobza tech. fall Tiernan, 4:48; Manno

dec. Kanter 5-3.

129 — Allmers dec. Trumpet, 3-3 (OT, 5th crit.); Bruttomesso pin Rodriguez, 5:58; Sheridan dec. O'Meara, 9-7; Martorino won by forfalt forfeit.

135 — Sloan pin Dalessandro, 3:54;

135 — Sloan pin Dalessandro, 3:54; Samuelson dec. Montevechi, 4-3 (OT); Mazzeo dec. Farulla, 17-3; Manning dec. Delaney, 7-2. 141 — Wells pin Vurkovic, :50; Haemerle dec. Cottrell, 1:12; Espo-sifo won by default over Battafar-ano; Mocco pin Viscuso, 5:43. 148 — Gallagher dec. Ramsey, 8-2; Diana dec. Polon, 8-0; Mazzeo pin Ruth, 1:43; Wright pin Baron, 4:23.

158 — Peyko dec. Schlenker, 6-4; Lane dec. Tomaro, 8-7; Reese dec. Chapman, 6-2; Hornidge dec. Leuck,

170 - Messery pin Andersen, 2:49; Kochis dec. Fedarik, 14-0; Chiellini pin Hampton, 2:20; Barnum won by foreit.

foreit.

183 — Daub dec. Angell, 8-3; Binder pin Devine, 1:36; Neumayer pin Toussi, 5:09; Egas pin Kachele, 2:44.

Hwt — Groesback pin Kangas, 1:05; Korczak pin Saffioti, 1:42; Lein dec. Schult, 13-11; Kurelia pin Di-

Lella, 2:30.

#### Semifinals

101 - Dave Simon, New Milford, dec. Drew Black, Mahwah, 2-0; Hector Moreno, North Bergen, dec. Joe Harriman, Emerson, 10-5. 108 - Andy Van Horn, Pascack Hills, pin Scott Castiglia, Elmwood Park, 1:28, John Bosso, North Ber-gen, dec. Steve Dondero, Teaneck, 4-2.

gen, dec. Sleve Dondero, Teaneck, 4-2.

115 — Ramsey Elkholy, Ramapo, dec. Jeff Lally, Old Tappan, 4-3; Ken Charmichael, Paramus, dec. Mike Panico, Fair Lawn, 8-3.

122 — Rob Mahan, Paramus, fech fail Charles Sprinsstead, River Dell, 4:54; Carl Kobza, Ramsey, dec. Craig Manno, Lodi, 7-4.

129 — Gary Allmers, Dumoni, dec. Frank Bruttomesso, St. Joseph, 8-2; Joe Marforina, Elwmood Park, pin Tom. Sheridan, Pascack Hills, 2:51.

135 — Jim Sloan, Fair Lawn, pin Joh Samuelson, Teaneck, 3:06; Frank Manning, Bergenfield, dec. Mike Mazzeo, Emerson, 4-3.

141 — Brian Wells, Pascack Hills, pin Mike Haemerle, Bergen Catholic, 5:34; Joe Mocco, Fair Lawn, dec. Jim Esposito, River Dell, 6-0.

148 — Mike Diana, North Bergen dec. T.J. Gallagher, Ridgefield, 4-1; Neil Wright, Fair Lawn, dec. Jemerson, 8-3.

156 — Mark Peyko, Lodi, dec. Bill Lane, Becton, 11-5; John Reese, Fair Lawn, dec. Jim Hornidge, Paramus, 9-4.

170 — Craig Messery, Hasbrouck

Lawn, dec. Jim Hornidge, Paramus, 9-4, 170 — Craig Messery, Hasbrouck Heights, dec. Tom Kochis, Elmwood Park, 7-1; Joe Barnum, Pascack Hills, dec. Ken Chiellini, Park Ridge, 12-1.

12-1.

188 — Dave Daub, Pascack Valley, dec. Rob Binder, Paramus, 9-3; Ivan Egas, Bergenfield, pin Sal Neumayer, Teaneck, 4:33.

Hwt — Greg Korczak, Saddle

Brook, pin Bill Groesback, Ramsey, 1:54; John Kurelia, Demarest, dec. Jamie Lein, Pascack Valley, 8-4.

### Consolation round

101 — Joe Harriman, Emerson dec. Drew Black, Mahwah, 6-0. 108 — Dondero, Tenafly dec. Scott Castiglia, Elmwood Park, 5-2. 115 — Mike Panico, Fair Lawn dec. Jeff Lally, Old Tappan, 5-2. 122 — Craig Manno, Lodi dec. Charles Springstead, River Dell, 11-1.

dec. Je. 122 -

1. 129 — Frank Bruttomeso, St. Joseph dec. Tom Sheridan, Pascack Hills, 2-0 (OT). 135 — Mike Mazzeo, Emerson dec. Samuelson, Tenafly, 7-0. 141 — Jim Esposito, River Deli dec. Mike Haemmerle, Bergen Catholic, 3-1. 149 — Joe Mazzeo, Emerson dec. T.J. Gallagher, Ridgefield, 7-0.

148 — Joe Mazzeo, Emerson dec.
T.J. Gallagher, Ridgefield, 7-0.
158 — Jim Hornidge, Paramus
dec. Bill Lane, Becton, 11-0.
170 — Tom Kochis, Elmwood
Park won by disqualification over
Ken Chiellini, Park-Ridge.
188 — Rob Binder, Paramus dec.
Sal Neumeyer, Tenaffy, 13-6.
Hwt — Bill Groesbeck, Ramsey
dec. Jamie Lein, Pascack Valley,
14-0.

#### Bergen Coaches Tournament

#### **TEAM SCORES**

TEAM SCORES
Fair Lawn 168/2, Pascack Hills
165, Paramus 115/2, Emerson 111/2,
Bergenfield 95/2, North Bergen 90/2,
Elmwood Park 88/2, Dumont 86/2,
Teaneck 83/2, Pascack Valley 71,
Saddle Brook 70, Lodi 68/2, Ramsev
66, River Dell 63, Ramspo 60/2,
Hackensack 54, St. Joseph 53/2,
Demarest 52, Lyndhurst 51, Becton
50/2, New Milford 49, Fort Lee 48,
Mahwah 46, Cliffside Park and
Northern Highlands 42, Ridgefield 41,
Westwood 40/2, Rutherford 40,
Cresskill 38, Hasbrouck Helghts 36,
Old Tappan and Palisades Park 34,
Indian Hills 33/2, Bergen Catholic 33,
Leonia 30, Park Ridge 28, Englewood 18.

TEAM CHAMPIONS

#### **TEAM CHAMPIONS**

Emerson (Group 1), Pascack Hills (Group 2), Paramus (Group 3), Fair Lawn (Group 4).

#### CHAMPIONSHIP ROUND

101 - Dave Simon, New Milford, dec. Hector Moreno, North Bergen, 12-7.

dec. Hector Moreno, North Bergen, 12-7.

109 — Andy Van Horn, Pascack Hills pin John Bosso, Emerson, 1:08.

115 — Ken Carmichael, Paramus, dec. Ramsey Elkholy, Ramapo, 5-4.

122 — Carl Kobza, Ramsey, pin Rob Mahon, Paramus, 2:28.

129 — Gary Allmers, Durnont, dec. Joe Martorina, Elmwood Park, 6-0.

135 — Jim Sloan, Fair Lawn, dec. Frank Manning, 13-0.

141 — Brian Wells, Pascack Hills, dec. Joe Mocco, Fair Lawn, pin Mike Diana, North Bergen, 5:09.

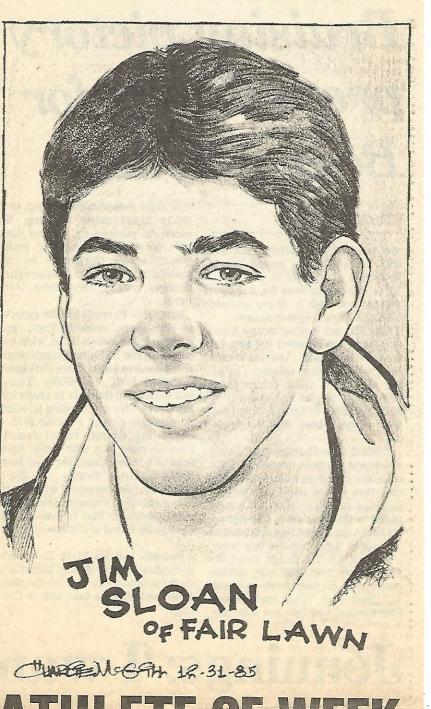
135 — John Reese, Fair Lawn, pin Mike Peyko, Lodi, 4:45.

170 — Craig Messery, Hasbrouck Heights, won by injury default over Joe Barnum, Pascack Hills, 188 — Dave Daub, Pascack Valley, dec. Ivan Egas, Bergenfield, 5-3.

Hwt. — Greg Korczak, Saddle Brook, pinned John Kurelia, Demarest, 5:02.

Mest Outstanding Wrestler — Jim

Most Outstanding Wrestler - Jim Sloan, Fair Lawn Pin trophy - Greg Korczak, Saddle



## ATHLETE OF WEEK

By Ron Fox

Staff Writer

Some day, Jim Sloan may take the time to settle back and study his record as a Fair Lawn wrestler. If ne approaches the list with an open mind, he may come away impressed with himself — just what the Cutter coaching staff hopes will happen.

"There is no doubt he can win the state championship [at 135 pounds] this year," says coach Frank Guadagnino. "All he needs to do is keep his confidence level high."

That level should be at an all-time nigh for The Record's Athlete of the Week.

Sloan was named Most Outstanding Wrestler Saturday at the Bergen County Coaches Association's Holiday Wrestling Tournament. The decision came out of a poll of the 35 nead coaches who had teams entered in the tournament.

The senior's win was a major achievement. A week earlier he had suffered a slight shoulder separation and pulled ligaments in the North Hunterdon Tournament.

"I'm a very superstitious person, and I said, 'Oh, no, now I'll miss the county tournament' — my jinx tournament " he says. "But my doctor got it back in place and got me back fast. It's sore before matches, but it doesn't bother me out on the mat."

After the county vote, Sloan has a propry reason to be self assured, yet

every reason to be self-assured, yet there is nothing cocky about him. He remains unassuming and soft-spoken and is impressed by other wrestlers instead of by his own achievements.

"I was surprised by the vote, because I thought Carmichael [Ken Carmichael, Paramus's 115-pound county champion] would win it. He wrestled very well and deserved it."

Yes, but how could the award be denied to Sloan? It couldn't, not after four pins and a 13-0 decision. Sloan has worked hard at polishing his wrestling skills. Ten years ago, while living in Garfield, he tried wrestling and liked it. Sloan credits former Garfield High School coach Ed Kotwica for invaluable help in hose formative years. He says that lack Inserra, then a Garfield resident and eventually a state high

school champion for Pascack Hills, provided another boost.

"He taught me a lot of stuff, like the double-leg [takedown]," Sloan says in an appreciative tone. "He probably doesn't remember it, but I do."

His early lessons learned well, Sloan broke into high school wrestling with a fluorish, finishing fourth in the county and winning both district and regional championships. As a soph he was injured and missed the county tournament, but he won the district and was regional runner-up. Last year, a county third, a district second, and a regional second preceded a fourth-place finish in the state.

That should have been enough to cheer him, but Sloan was depressed by midseason. The failure to win a county title began to haunt him. "I never thought of quitting, but I was kind of frustrated. I guess my head just wasn't into wrestling at the time. Coach Guad [Fair Lawn coach Frank Guadagnino] told me to put it in the past, that it was all over and done with."

And so Sloan worked for the future, which should include a college scholarship and a business major. He did well in the state and spent the summer entering tournaments and lifting weights with teammate Joe Mocco. Opponents will find the slightly built, 5-foot-8 Sloan deceptively strong. He dead-lifts 365 pounds.

"I've jumped up two weight classes this year, and the kids seem bigger and stronger," he says. Sloan should be reminded that it is time to reread his list of accomplishments. A dash of confidence is all he needs to subdue those seemingly larger opponents.

Runners-up for Athlete of the Week included wrestler Gary Allmers of Dumont, girls basketball players Michelle Berardo of Palisades Park, Marie Marco of Lodi, Lisa Kelly of Rutherford, and Maureen Glynn of Cresskill; and boys basketball players Paul Rosen of Ridgefield Park, Brian Auger of Paramus, and Alan Ciser of Emerson.